

Inflammatory Neuropathies UK

Trustee Pen Pictures

Carol Hooper

Carol Hooper has served on the Inflammatory Neuropathies Board since 2021 and is seeking election for her fourth and final term.

Carol is currently the Chair of Inflammatory Neuropathies UK, having taken up the position in 2023. During this time, Carol has overseen the transformation of the charity, heading up the recruitment of the new Chief Executive, ensuring that we moved to a more person centred approach, supervising the increase in reach and impact, and being at the centre of our rebrand to Inflammatory Neuropathies UK in 2025.

As well as chairing the Board, Carol provides regular supervision to the Chief Executive, and sits on the Financial Sub-Committee.

Carol is now retired after an extensive career in the Banking Sector, with a significant amount of that time in Human Resources. As well as volunteering her time with Inflammatory Neuropathies UK, Carol also volunteers for Macmillan, supporting people directly over the phone.

Carol had Guillain-Barré Syndrome when pregnant with her son, an experience that has had a huge impact on her life, as well as on her family.

Carol lives in Essex with her husband, splitting her time between her volunteering, her garden, and spending as much time as possible with her family, including her young grandson.

Stephanie Parker

Steph Parker has served on the Inflammatory Neuropathies Board since 2024, and is seeking election for her second term.

Steph is well established on our Board, especially as our go to Trustees around marketing and communication. Steph is Director of Fundraising and Engagement at a Children's Hospice, and brings a wealth of marketing experience to support Inflammatory Neuropathies UK's strategic mission and ambition. Having published two papers on Marketing following her Masters in International Business, Steph started her career at FTSE100 company, Capita plc, managing marketing campaigns to a mix of private organisations, charities, not-for-profits and government departments. She has also worked at The Prince's Trust (later The King's Trust) bringing experience of operating within a high pressure, impact led, large charity set up.

Steph brings her knowledge and experience of working on high profile charity sector campaigns to the Board, and was a lynchpin in guiding and supporting our rebrand in 2025.

Steph looked to join the Board in the first instance after having Guillain-Barré Syndrome, and realising that her skills and experience could benefit those also impacted by the condition.

Steph lives in Yorkshire with her husband and young children.

Derren Sanders

Derren Sanders was co-opted onto the Board in October 2025. He is seeking formal election to the Board for his first term. Derren sits on Inflammatory Neuropathies UK's Financial Sub-Committee.

Derren has spent over 30 years working in financial services, including almost a decade with each of Pricewaterhousecoopers, HSBC, a leading

bank in Abu Dhabi, and an African bank based in London. He has led numerous strategy and transformation projects, including in his most recent roles as Chief Financial Officer then Chief Executive Officer. He brings a wide range of business experience in finance, strategy, growth and managing change.

Derren now works as a consultant, and holds a number of roles with charities and not for profit organisations.

If the name seems familiar, that is because Derren is the son of Inflammatory Neuropathies UK's founder, Glennys Sanders. Derren recalls vividly at the age of 10, his mother being taken ill with Guillain-Barré Syndrome whilst on holiday in Kent, and her subsequent founding of what was then the Guillain-Barré Syndrome Support Group, which later became GAIN, and then Inflammatory Neuropathies UK. Derren attended the first ever meeting of the Support Group in 1985 at Guy's Hospital.

Derren is an avid sportsman, whether playing, coaching or spectating. His current roster includes golf, padel, cycling and football. He has thoroughly enjoyed coaching rugby teams that include his 2 children (Harry and Lucy) for each of the last 16 years and is now actively refereeing across the East Midlands.

Derren lives in north Nottinghamshire with his wife Sarah (another Finance Director), with his children now at university.

Nalin Sharma

Nalin Sharma was co-opted onto the Board in September 2026. He is seeking formal election to the Board for his first term.

Nalin first got in touch with the charity in late 2024, having been discharged from hospital after having Guillain-Barré Syndrome. He soon became a regular on the Charity's monthly Online GBS Get Together, sharing his

experiences and seeking as much information as possible. Having benefited from Inflammatory Neuropathies UK's support, he wanted to give something back, to both the charity and to the community.

Nalin applied for the vacant Trustee position in 2026, and was successfully appointed following a rigorous competitive interview process.

Nalin brings to the Board over twenty years' experience of delivering strategy, commercial partnerships, and start up consultancy. He worked with over a hundred early stage companies while working for Innovate UK, and has been involved with technological development companies. He has founded and developed a wellness brand, and has an interest in how Artificial Intelligence can be used to improve technology and communications.

This role is Nalin's first as a Charity Trustee, but he has already shown great insight and commitment to Inflammatory Neuropathies UK.