

Inflammatory Neuropathies UK

Mura di Lucca
parkrun

Benvenuti
Lucca

idee green
per un mondo sostenibile
www.IdeeGreen.it

idee green
Mura di Lucca
parkrun
Comunicazione cronometrata
gratuita settimanale di 5 Km
Piazza del caffè delle Mura,
(davanti Palazzo Casaroli, Indauro Santa Maria)
Ogni sabato mattina
ritrovo 9:30 - partenza 09:30
follow us: www.parkrun.it

crono patrocinato



Città di Lucca



@mura ditucca parkrun
#mura ditucca parkrun



IN brief

**It's GBS and CIDP
Awareness Month**

**Latest from the
Chief Executive**

Volunteer News

May 2026



IN brief

Chief Executive's Welcome

May is always such a busy month. While planning for GBS and CIDP Awareness Month takes a lot of time, the actual 'doing' during the month is something else. The team are super busy delivering a packed agenda and getting out and about as much as possible.

Me and Tansy have been over in Birmingham at the start of the month at the Association of British Neurologists conference. It is a great opportunity to raise awareness of the charity and to amplify your voices, direct with clinicians. I've written a blog about it if you are interested and you can read it at inflammatoryneuropathies.uk/blogs.

We think that Awareness Month is a great opportunity to talk about GBS and CIDP, and we are encouraging people to talk about their condition through our Share and Shout campaign. We are also running our IN the water campaign during the month,

so if you want to get INvolved in either, then you can find out more at the website. There are also details about the events we are running as well.

May is also the time when we try to raise some vital funding for the charity, if you want to have an Awareness Month fundraiser then you can set up a dedicated page, you can give a one off or monthly donation, or even text a donation (see below).

We hope you are able to get involved during the month. Please share your stories and what you are up to on socials (@InflamNeuroUK), or on the email (hello@inflammatoryneuropathies.uk) Have a great Awareness Month and see you in June.

Rich

Awareness Week



Text **Aware** to **70460** to donate £10. Texts will cost the donation amount plus one standard network rate message.

Celebrating Our Volunteers

It's Volunteers' Week from 1st -7th June and we're celebrating everyone who gives up their time and expertise to support Inflammatory Neuropathies UK and our Community. Our volunteers are the heartbeat of the charity. They are the organisers behind our support groups, the advocates raising awareness, and the steady hands helping us reach people who feel overwhelmed, isolated, or newly diagnosed.

As we all know, living with an Inflammatory Neuropathy can be life changing. It can bring uncertainty, fear, and a sense of being alone, something few people truly understand. But thanks to our volunteers, no one has to face that journey without support. These incredible volunteers create connection. They create comfort. They create hope.

Whether a volunteer is sharing their own lived experience, helping someone navigate hospital treatments, raising funds, welcoming new people

to our groups, or simply offering a listening ear, their contribution matters more than they may ever realise. Every conversation, every event hosted, every story shared, and every hour given strengthens our Community, and helps people feel seen and supported.

Norman Druce (GBS Twice)

My role is to offer empathy and advice to patients and/or their families through direct telephone contact. This helps me establish their concerns and deliver appropriate and relevant information.

Following this personal conversation, I hope that the clients will feel better informed and more positive about their condition.



We want to say a huge, heartfelt thank you. Thank you for showing up. Thank you for caring. Thank you for giving

Milestones & Impact

Here is a quick snapshot of what we've achieved together over this past year:



Our fundraisers have helped to raise over £125,000



You supplied over 100 hours of online and peer support



You delivered over 30 hours of local get togethers



You've positively impacted the lives of over 4000 people

your time to make life better for others.

There are also some more big things coming along to help support our volunteers. We will be launching a new volunteer newsletter, holding regular volunteer monthly Get Togethers and later in the year, we will be launching a dedicated area of the website all for our brilliant volunteers. We want to make sure we support you better, just like you support others.

So, thank you, your kindness and support are amazing. From all of us at Inflammatory Neuropathies UK, we want to applaud you, your dedication is inspiring, and your impact is felt in every corner of our community. We celebrate you and we couldn't do this without you.

Rosie Hyslop

My role and involvement is to lead the Lancashire and Cumbria Get Together.

It is a pleasure and an honour to have been involved with the charity for so long, I only need to hear the two simple words 'Thank You' to know how much our being there is appreciated.



3 Mill House, Carre Street, Sleaford, NG34 7TW

hello@inflammatoryneuropathies.uk

01529 469910

[@inflamneurouk](https://www.instagram.com/inflamneurouk)



**IN this
together**

Inflammatory Neuropathies UK
Registered Charity 1154843 & SCO39900